



EXPERIENCE

The Affinity Experience Guide



Affinity Day Spa Therapists
and Skin Specialists are fully trained
in the use of

Thalgo natural products.

All of our treatments are designed

to meet your individual needs

via a combination of

Product Choice and Application Therapy.

For your convenience we

have described some of our treatments

to help you with your choices.

Please note our price list contains

many more familiar treatments available

to you at Affinity Day Spa.



Contents

Facials	3
Wraps	4
Specialised Treatments	5
Day Packages	6
Essentials	9

Opening Hours

9.00am - 5.30pm	Monday,
	Tuesday, Wednesday, Friday
9.00am - 9.00pm	Thursday
9.00am - 5.00pm	Saturday

Telephone (08) 9284 4333 Facsimile (08) 9284 3555

Email info@affinitydayspa.com.au

Website www.affinitydayspa.com.au

16 Station Street Cottesloe Western Australia 6011

Welcome to Affinity Day Spa

A spa that has been created with space, luxury and refinement in ample quantities to meet the expectations of our most discerning clients.

Situated in the heart of Cottesloe within easy reach of parking, we offer an experience of complete relaxation that combines spacious treatment facilities in a comfortable and soothing environment.

We have chosen a selection of world-class products, some unique to Affinity, with a wide range of therapies to meet the growing needs of the modern woman but who nonetheless still desires old-fashioned luxury.

Thalgo beauty products for face and body are combined with the best specialist programs.

Aromatherapy Associates the finest blended European essential oils, unique to Affinity.

St Tropez tanning products for luminous, tanned skin which is also new to Perth.

Napoleon makeup expertly applied to suit any occasion.

Creative Nails and Bio Sculpture combine for perfect hands.

We are particularly excited about a new Australian treatment that Affinity is introducing, Lithos Therapy.

Your Certified Lithos Therapist will use specially selected rocks, heated and chilled to specific temperatures to massage your body and face. The contrasting temperatures and textures of the rocks, combined with a unique massage technique, will provide you with a salon treatment unlike any other.

In addition to an outstanding selection of products, Affinity offers an unrivalled choice of specialist treatments including massages, facials, manicures, pedicures, waxing, tinting, reflexology, aromatherapy and reiki.

The Affinity team of therapists look forward to welcoming you to your 'Affinity' experience and will enjoy bringing luxury into your life.

Warmest regards

Alexandra Collis

AFFINITY FACIALS

Rebalancing Micronized Marine Algae (MMA) Facial

Anyone with an oily or problem skin will love this facial. Working with 100% pure marine algae it will help to calm and heal. Purifying and re-hydrating your skin whilst at the same time leaving your skin feeling refreshed supple, strong and comfortable.

Aromatherapy Essential Facial

This combination of facial treatments is suitable for all skin types and will ensure that you and your skin will feel revived and ready for the day ahead. You will feel your senses float away with a relaxing aromatherapy steam and massage treatment that is followed by a cool marine algae mask. A relaxing and enjoyable facial with a mix of essential oils selected for your specific skin type.

Thalgodermal Facial

An excellent facial for an acne skin. Our selection of calming and healing products are combined with a specialised mask. This facial treatment is a wonderful way for you to start your journey to a stronger and more radiant skin. For even longer lasting results we do recommend a strict home care regime. Our consultants will be happy to advise you on suitable products to use at home in between your Affinity Day Spa facials.

O2 Skin Lustre Facial

Affinity's O2 Skin Lustre Facial is perfect for tired, dehydrated skin requiring rejuvenation. Revitalising, replenishing and purifying, this treatment leaves the skin feeling beautifully soft and smooth. Fresh and refined, skin will glow with health and vitality.

Gelatine-Verbena Facial

A facial that every mature skin needs, a gentle and relaxing heat mask that is designed to fight against aging whilst hydrating and redefining your skin.

This treatment is also available as an excellent eye treatment.

RADIANCE





BODY WRAP TREATMENTS

Micronized Marine Algae (MMA) Body Wrap

This is an excellent body treatment for those who wish for just a little help in looking that bit better. This warm wrap assists in the reduction of fatty deposits, water retention and toxins (good old cellulite). A thoroughly relaxing treatment not to mention that your skin looks and feels fabulous.

Frigi Body Wrap

Anyone who enjoys an invigorating treatment will thoroughly enjoy the stimulating effects of a Frigi-Thalgo wrap. This cold-wrap is excellent for the elimination of excess water and toxins from body tissue. Also good for toning the skin and increasing elasticity. A real confidence booster.

Available also as a brilliant upper arm treatment only.

Toning Body Wrap

A refining and toning gel body wrap. This is really ideal for those in a hurry. Helping to redefine and detoxify, it nourishes the skin and leaves you looking and feeling great.

Ideal in a course of treatments which combine with the MMA wrap.

Marine Prelude Body Wrap

The ultimate in indulgence, starting with a reflex point foot massage that enables your body to get the best results from this wrap.

This natural marine mud wrap is excellent for improving skin quality, re-mineralising and relaxing the body. Working with sea salts, a full body exfoliation will leave your skin feeling silky and smooth and refreshed. This popular treatment has clients coming back time and time again.

Aromaceane Wrap

When you want for that something 'extra' in your wrap, Aromaceane is the one to go for. Working in combination with the reflex point foot massage and our essential aromatherapy oils it will transform the efficiency of the treatment.

Our Thalgo essential oils offer you a combination of refining, detoxifying, reviving, and relaxing treatments for the body.

Using 100% natural marine compounds to help nourish invigorate and re-mineralise the body. This treatment is so popular that 'repeats' are almost certain.

REVIVE



DESCRIPTIONS OF DIFFERENT SPECIALIST TREATMENTS

Lithos Therapy

Lithos Therapy is based on thermotherapy and cryotherapy techniques. During a full body Lithos Massage heated and chilled rocks are placed over your entire body and used as massage instruments.

The use of both heated and chilled rocks enable the therapist to achieve a deeper and more relaxing massage than would otherwise be possible. This provides a wonderful enhancement to any massage you might normally have experienced.

The heated rocks prepare the body for a more effective massage that helps to melt away muscle aches and pains, sore joints and neck problems, particularly suited to sports lover and people on the go.

The simultaneous use of heated and chilled rocks helps to detoxify the lymph system and will provide stimulation for your circulatory system.

Lithos treatments are doubly beneficial in that they are incredibly relaxing but they also work to lift our overall feeling of wellbeing.

Aromatherapy

Working with the finest Essential oils from London to completely work on all your senses, we offer a full selection of blended oils to choose from.

Essential oils are beneficial to many stress related problems, insomnia, exhaustion, poor skin condition and other similar problems. An aromatherapy massage treatment allows the oils to gently absorb into our system releasing the soothing effects of the selected oil, you will soon discover just why aromatherapy is proving to be so popular.

Aromatherapy is such a totally relaxing experience that we would recommend that you allow a little relaxation time to be spent in our day room to 'return to earth'.

Pregnancy Aromatherapy

Using carefully selected blended oils this treatment is designed specifically to help to relax and nurture our expectant mothers.

Our massage movements are designed for comfort so that nothing is left out of the pampering she deserves during her pregnancy.

Reflexology

Reflexology is based on the premise that different areas of the feet reflect different parts of the body.

Foot massage provides an overall tonic that will entirely relax you.

Reflexology also increases the blood flow, which promotes increased energy flow; this is excellent for maintaining good health.

Relaxing your body promotes a feeling of strength and vitality to cope with the daily rigours of life.

Reiki

Reiki, which means 'universal energy' is taken from an ancient form of Japanese healing that opens the energy channels of the body. Our modern day therapists are able to ease physical and emotional problems. During a healing session the trained Reiki practitioner will hold their hands above the client being treated to act as a channel for energy.

RELAX RELAX RELAX



DAY PACKAGES

Affinity Indulgence! 6 hours

When you really can't get enough pampering in your life Affinity Indulgence is what you seek! You have a choice of two of the best exfoliations Affinity has to offer.

Either our 'Aromaceane' or 'Marine' treatments are the basis for these exfoliations and they each ensure wonderfully smooth and revitalised skin following a truly memorable spa bath. You may then select either aromatherapy or reflexology, but beware, full relaxation is guaranteed. Time to recover in our day room is advised!

A facial of your choice is a key ingredient in your 'Indulgence' when nothing, but nothing, is too good for you.

To complete this package feet and hands will look their part from a careful file, buff and polishing.

A light lunch will be served during your special day.

You can never have enough of a good thing but remember... Too much might be a sin!

Ultimate Relaxation 5 hours

This is all about pure self-indulgence and will allow you to unwind and bring a sense of gentle relaxation to your mind. The focus of this very special treatment is to completely relax and ease away the stress of daily pressures.

Starting with a body exfoliation which gently removes all dead skin cells your body will soon feel smooth and supple. This is followed by an aromatherapy spa bath on completion of which you will begin to feel that your cares are falling away.

Litho therapy is the next element of your journey, a unique treatment that combines heated and chilled rocks over the entire body as part of the massage, this treatment is designed to help with muscle aches and pains, also in hydrating and revitalising the body.

The massage is combined with blended aromatherapy oils especially suited for your needs and you will not find a treatment with these special elements anywhere else in Western Australia.

At this stage it will be time enjoy a light luncheon in the peace and quiet of our day room.

Your day will culminate with a facial or your choice, and a scalp massage so that you emerge from your experience feeling good about yourself, relaxed, and looking radiant.



DECADENCE



DAY PACKAGES continued...

Revive 5 hours and 45 minutes

Soft and supple skin is guaranteed with this full body exfoliation which is then followed by a most luxurious body wrap. Your body is covered in a warm algae wrap for detoxifying and hydrating the skin.

This algae wrap treatment is excellent therapy prior to that big party you are planning or for that that little black dress you just must get into, as it works on water retention and toxins.

You will then have a facial of your choice to suit your individual needs and a spa pedicure which includes a foot massage and mask that will leave you looking the 'belle of the ball'.

Compliment this detox therapy with a light luncheon and herbal tea, just right!

Finishing Touches 5 hours and 15 minutes

This is very popular! With it's special combination of treatments this package is perfect for pre holiday or wanting to look your best for that very special occasion.

Commence your day with a facial of your choice which includes an eyelash tint and eyebrow shaping.

Hands and feet will also look the part following a manicure and pedicure so that you can feel certain that 'you' will have the best looking nails and toes around. For complete indulgence, a full body scrub and tan will give you that essential 'body glow' and by using the best available tanning you will feel confident that there will be no streaking. Certainly no need for any harmful sun bathing! A light luncheon will be served.

Mother's to Be 5 hours and 30 minutes

Our expectant Mum's can be wonderfully pampered with this deluxe package designed with total comfort in mind. Relaxation begins immediately with your aromatherapy massage, with selected oils suitable during a pregnancy. This not only soothes away those aches and pains but will also help with those dreaded stretch marks. Complementing this essential relaxation will be a facial to suit your individual needs complete with eyebrow shaping and eyelash tint.

To finish this deluxe treatment you will be treated to a Spa pedicure and manicure, which includes a foot mask and massage.

Emerging from this exceptional treatment you will be fully refreshed in body and spirit. A light luncheon is included.



PAMPERED PERFECTION

DAY PACKAGES

continued...

Inigorating 4hours and 15minutes

Are you an adrenaline charged person? If so you will thoroughly enjoy the effects of our frigi body wrap designed to help slim the important areas of the lower body.

Whilst you are enjoying that wonderful tingling feeling from a full body exfoliation you can further relax with a facial of your choice. The final element of this invigorating package will be a full pedicure, ensuring that your feet will come "alive".

A light luncheon will be provided.

Top to Toe! 3hours and 15minutes

With a facial of your choice, enjoy revitalising and renewing your skin in total relaxation. With help and advice on your selection, your face will feel both pampered and refreshed.

To compliment your facial you can now enjoy the benefits of a reflexology foot massage. This treatment works on all areas of the body with wonderfully applied therapy to those special areas of your feet.

So that you finally emerge with that very essential 'good all over' feeling, extending from your fingertips to your toes, you will end this package with a deluxe manicure leaving your hands looking their very best.

Bare Essentials 2hours and 15minutes

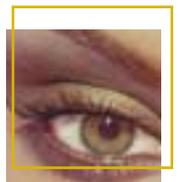
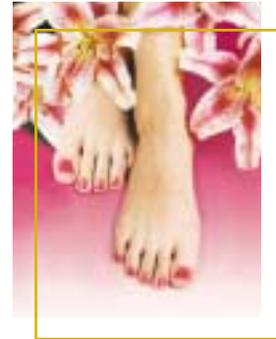
When you really do not have the time to spend a whole day pampering yourself then this is the perfect treatment for you. An aromatherapy bath is the very best way to unwind; using essential oils from Europe you can chose the one to suit your mood.

Followed by a 30-minute aromatherapy back, neck and shoulder massage, aches and pains will be eased away.

Then just as you think it's all over we finish with the facial of your choice. Never will you be made to feel better when time pressure is on.

*Excellent as a gift voucher.

NEW YOU





ESSENTIALS



Affinity Day Spa has done everything it can to make your time with us relaxing and stress free. Here are a few tips to help you prepare for your Affinity experience.

Parking

Parking is available in Station street for a 2 hour period. If you are booked in for a day we suggest you use the car park where 4 hour parking is available at the junction of Station Street and Railway Street.

Dress

Disposable underwear will be provided for some treatments. An Affinity robe will be provided where appropriate and during treatments towels are used to ensure privacy. Please remember to bring open toed shoes when arriving for a pedicure.

Safety

All the equipment we use for treatments is sanitised and sterilised for the safety of our clients. Affinity Day Spa is a smoke free environment.

Security

We provide individual lockers for our client's personal belongings and whilst we endeavour to look after them it is advisable to leave expensive items at home as we take no responsibility for loss or damage.

Timing

It is very helpful if you could arrive on time for your treatments so we may avoid complications with the clients following. Package times are approximate.

Payment

We accept all major credit card, personal cheques with proper identification and eftpos.

Cancellation

Appointments for 2 hours or more duration will be held by a credit card or gift certificate only.

A failure to attend may result in your credit card being charged.

If cancelling or rescheduling your appointment we require at least 24hours notice.

Gift Vouchers

Gift vouchers are available for all treatments. We will be delighted to take your details and credit card payments over the phone. Call 9284 4333 or email us info@affinitydayspa.com.au Our gift vouchers can be mailed direct to the recipient.



Opening Hours

9.00am - 5.30pm Monday, Tuesday, Wednesday, Friday

9.00am - 9.00pm Thursday

9.00am - 5.00pm Saturday

Telephone 08 9284 4333 Facsimile 08 9284 3555

Email **info@affinitydayspa.com.au**

Web Site www.affinitydayspa.com.au

16 Station Street Cottesloe Western Australia 6011

Postal PO Box 598 Cottesloe Western Australia 6911

